

Onno van der Hart, PhD

[o.vanderhart@uu.nl](mailto:o.vanderhart@uu.nl)

[www.omnovdhart.nl](http://www.omnovdhart.nl)

Onno van der Hart is a psychologist/psychotherapist in the Netherlands. He is specialized in psychotraumatology, in particular with regard to complex trauma-related mental disorders. Both nationally and internationally, he is a clinical consultant on diagnosis and treatment of complex trauma-related disorders and he presents lectures, workshops and courses on complex PTSD, dissociative disorders, phase-oriented treatment of chronic traumatization; formerly he presented workshops on hypnosis, strategic psychotherapy, and family therapy.

#### Current positions

Honorary Professor of Psychopathology of Chronic Traumatization, Department of Clinical and Healthy Psychology, Utrecht University, Utrecht, Netherlands

Psychologist/psychotherapist, Sinai Center (Jewish Center for Mental Health), Amstelveen, Netherlands

Clinical consultant, the Center for Post-trauma Therapy and Trauma Education, Helsinki and Oulu, Finland

National consultant, National Center for Early Chronic Traumatization (LCVT), Utrecht, Netherlands

#### Governance

Vice-President, Institut Pierre Janet (IPJ), Paris, France

Past-President, *International Society for Traumatic Stress Studies*

Past Vice-President, Executive Board, *International Society for the Study of Dissociation*

Past-President, *Dutch Society of Hypnosis*

#### Editorial positions

Member, Editorial Board, *Journal of Traumatic Stress*

Member, Editorial Board, *European Journal of Psychotraumatology*

Member, Editorial Board, *Quarterly Journal of Mental Health*

Member, Editorial Board, *Janetian Studies* [electronic journal IPJ]

Member, Board of Editorial Consultants, *International Journal of Clinical and Experimental Hypnosis*

Member, Editorial Board, *Psychological Trauma*

Member, Editorial Board, *Journal of Trauma and Dissociation*

International Member, Scientific Advisory Board, *Trauma & Gewalt: Forschung und Praxisfelder*

Member, Editorial Board, *Dutch Journal of Psychotherapy*

### Membership

International Society for the Study of Trauma and Dissociation (ISSTD)

International Society for Traumatic Stress Studies (ISTSS)

European Society for Trauma and Dissociation (ESTD)

Institut Pierre Janet

Nederlandse Vereniging voor Psychotherapie (Dutch Society for Psychotherapy)

Nederlandse Vereniging voor Hypnose (Dutch Society for Hypnosis)

### Awards

Twice, Pierre Janet Writing Award, for best writing on dissociation, *International Society for the Study of Dissociation*

Twice, The Milton H. Erickson Award of Scientific Excellence for Writing in Hypnosis

Media Award 2006 (together with Ellert R. S. Nijenhuis and Kathy Steele, for book, *The haunted self : Structural dissociation and the treatment of chronic traumatization*. New York/London : Norton, 2006), *International Society for the Study of Trauma and Dissociation*.

The Lifetime Achievement Award, *International Society for the Study of Trauma and Dissociation*.

President's Award of Distinction, *The International Society for the Study of Dissociation*.

### Publications

Author c.q. co-author of more than 380 clinical and research publications, among them:

## *Books*

Van der Hart, O., Nijenhuis, E.R.S., & Steele, K. (2006). *The haunted self: Structural dissociation and the treatment of chronic traumatization*. New York/London: W.W. Norton & Co. (Finnish, French, Spanish and German translations published; translations in Italian, Japanese, Korean, Russian, Swedish and Taiwanese translations in preparation.)

Van der Hart, O. (2003) (Ed.), *Trauma, dissociatie en hypnose* [Trauma, dissociation, and hypnosis] (4th edition). Lisse, Netherlands: Swets & Zeitlinger.

Van der Hart, O. (1988) (Ed.), *Coping with loss: The therapeutic use of leave-taking rituals*. New York: Irvington Publishers.

Van der Hart, O. (1983). *Rituals in Psychotherapy: Transition and Continuity*. New York: Irvington Publishers.

Lange, A., & Van der Hart, O. (1983). *Directive Family Therapy*. New York. Brunner/Mazel.

## *Selected Articles and Book Chapters in English*

Van der Hart, O., Nijenhuis, E. R. S., & Solomon, R. (2010). Dissociation of the personality in complex trauma-related disorders and EMDR: Theoretical considerations. *Journal of EMDR Practice and Research*, 4(2), 76-92.

Van Dijke, A., Ford, J. D., Van der Hart, O., Van Son, M., Van der Heijden, P., & Bühring, M. (2010). Affect dysregulation in borderline personality disorder and somatoform disorder: Differentiating under- and over-regulation. *Journal of Personality Disorders*, 24(3), 296-2010.

Van der Hart, O., & Dorahy, M. (2009). Dissociation: History of a concept. In P.F. Dell & J.A. O'Neil (Eds.), *Dissociation and the dissociative disorders: DSM-V and beyond* (pp. 2-26). New York: Routledge.

Steele, K., Dorahy, M., Van der Hart, O., & Nijenhuis, E. R. S. (2009). Dissociation versus alterations in consciousness: Related but different concepts. In P.F. Dell & J.A. O'Neil (Eds.), *Dissociation and the dissociative disorders: DSM-V and beyond* (pp. 155-170). New York: Routledge.

Steele, K., Van der Hart, O., & Nijenhuis, E. R. S. (2009). The theory of trauma-related structural dissociation of the personality. In P.F. Dell & J.A. O'Neil (Eds.), *Dissociation and the dissociative disorders: DSM-V and beyond* (pp. 239-258). New York: Routledge.

Steele, K., & Van der Hart, O. (2009). Treatment of complex dissociative disorders: Fostering integration through the resolution of trauma-related phobias. In J.D. Ford & C. Courtois (Eds.), *Complex traumatic stress disorders: An evidence-based guide* (pp. 145-165). New York: Guilford Publications.

Cardeña, E., Maldonado, J., Van der Hart, O. & Spiegel, D. (2009). Hypnosis [Treatment approaches for PTSD: Literature reviews]. In E. B. Foa, T. M. Keane, M. Friedman, & J. A. Cohen (Eds.), *Effective treatments for PTSD*, 2<sup>nd</sup> rev. ed. (pp. 427-457). New York: Guilford.

Van der Hart, O., & Witztum, E. (2008). Dissociative psychosis: Clinical and theoretical aspects. In A. Moskowitz, I. Schäfer, & M. Dorahy (Eds.), *Dissociation and psychosis: Multiple perspectives on a complex relationship* (pp. 257-269). London: John Wiley & Sons.

Van der Hart, O., & Nijenhuis, E.R.S. (2008). Dissociative disorders. In P.H. Blaney & T. Millon (Eds.), *Oxford textbook of psychopathology*, 2<sup>nd</sup> ed. (pp. 452-481). New York: Oxford University Press.

Van der Hart, O., Van Ochten, J., Van Son, M.J.M., Steele, K., & Lensvelt-Mulders, G. (2008). Relations among peritraumatic dissociation and posttraumatic stress: A critical review. *Journal of Trauma & Dissociation*, 9(4), 481-505.

Lensvelt-Mulders, G., Van der Hart, O., Van Ochten, J. M., Van Son, M. J. M., Steele, K., & Breeman, L. (2008). Relations among peritraumatic dissociation and posttraumatic stress: A meta-analysis. *Clinical Psychology Review*, 28, 1138-1151.

Brown, R., Cardeña, E., Nijenhuis, E., Sar, V., & Van der Hart, O. (2007). Should conversion disorder be re-classified as a dissociative disorder in DSM-V? *Psychosomatics*, 48, 369-378.

Dorahy, M., & Van der Hart, O. (2007). Relationship between trauma and dissociation. In E. Vermetten, M.J. Dorahy, & D. Spiegel (Eds.), *Traumatic dissociation: Neurobiology and treatment* (pp. 3-30). Arlington, VA: American Psychiatric Press.

Hermans, E.J., Nijenhuis, E.R.S., Van Honk, J., Huntjens, R.J.C., & Van der Hart, O. (2006). Identity-state-dependent attentional bias for facial threat in dissociative identity disorder. *Psychiatric Research*, 141(2), 233-236.

Olde, E., Van der Hart, O., Kleber, R.J., & Van Son, M.J.M. (2006). Posttraumatic stress following childbirth: A review. *Clinical Psychology Review*, 26, 1-16.

Van der Hart, O., Nijenhuis, E. R. S., & Steele, K. (2005). Dissociation: An insufficiently recognized major feature of complex PTSD. *Journal of Traumatic Stress*, 18(5), 413-424.

Steele, K., Van der Hart, O., & Nijenhuis, E.R.S. (2005). Phase-oriented treatment of structural dissociation in complex traumatization: Overcoming trauma-related phobias. *Journal of Trauma and Dissociation*, 6(3), 11-53.

Huntjens, R.J.C., Postma, A., Peters, M., Woertman, L., & Van der Hart, O. (2003). Inter-identity amnesia for neutral, episodic information in dissociative identity disorder. *Journal of Abnormal Psychology*, 112(2), 290-297.

Nijenhuis, E.R.S., Van der Hart, O. & Steele, K. (2002). The emerging psychobiology of trauma-related dissociation and dissociative disorders. In H. D'haenen, J.A. den Boer & P. Willner (Eds.), *Biological Psychiatry* (pp. 1079-1098). Chicester, New York: John Wiley & Sons.

Van der Hart, O., Van Dijke, A., Van Son, M. & Steele, K. (2000). Somatoform dissociation in traumatized World War I combat soldiers: A neglected clinical heritage. *Journal of Trauma and Dissociation*, 1(4), 33-66.

Nijenhuis, E.R.S., Spinhoven, P., Van Dyck, R., Van der Hart, O., & Vanderlinden, J. (1998). Degree of somatoform and psychological dissociation is correlated with reported trauma. *Journal of Traumatic Stress*, 11(4), 711-730.

Van der Hart, O., Van der Kolk, B.A., & Boon, S. (1998). The treatment of dissociative disorders. In J.D. Bremner & C.R. Marmar (Eds.), *Trauma, memory and dissociation* (pp. 253-283). Washington, DC: American Psychiatric Press.

Nijenhuis, E.R.S., Spinhoven, Ph., Van Dyck, R., Van der Hart, O. & Vanderlinden, J. (1996). The development and psychometric characteristics of the somatoform dissociation questionnaire (SDQ-20). *Journal of Nervous and Mental Disease*, 184, 688-694.

Van der Kolk, B.A., Van der Hart, O. & Marmar, C.R. (1996). Dissociation and information processing in posttraumatic stress disorder. In B.A. van der Kolk, A.C. McFarlane & L. Weisaeth (Eds.), *Traumatic stress: The effects of overwhelming experience on mind, body, and society* (pp. 303-327). New York: Guilford Press.

Van der Hart, O., Steele, K., Boon, S. & Brown, P. (1993). The treatment of traumatic memories: Synthesis, realization and integration. *Dissociation*, 6(2/3), 162-180.

Van der Kolk, B.A. & Van der Hart, O. (1991). The intrusive past: The flexibility of memory and the engraving of trauma. *American Imago*, 48(2), 425-454. Also in C. Caruth (Ed.), *Trauma: Explorations in memory* (pp. 158-182). Baltimore: John Hopkins University Press, 1995.

Van der Kolk, B.A. & Van der Hart, O. (1989). Pierre Janet and the breakdown of adaptation in psychological trauma. *American Journal of Psychiatry*, 146, 1530-1540.

Van der Hart, Brown, P. & Van der Kolk, B.A. (1989). Pierre Janet's treatment of posttraumatic stress. *Journal of Traumatic Stress*, 2(4), 379-396.

#### *Articles in French*

Van der Hart, O., Steele, K., Nijenhuis, E., & De Soir, E. (2009). Le traitement des souvenirs traumatiques selon le modèle de la dissociation structurelle de la personnalité. *Revue Francophone du Stress et du Trauma*, 9(2), 81-92.

Nijenhuis, E.R.S., Van der Hart, O., Steele, K., De Soir, E., & Matthess, H. (2006). Dissociation structurelle de la personnalité et trauma. *Revue Francophone du Stress et du Trauma*, 6(3), 125-139.

Van der Hart, O., & Boon, S. (1993). Le traitement du désordre de la personnalité multiple. *Annales Médico-Psychologiques*, 151(8), 549-561.

O. van der Hart, P. Brown & B.A. van der Kolk (1989). Le traitement psychologique du stress post-traumatique de Pierre Janet. *Annales Médico-Psychologiques*, 147 (9), 976-980. Aussi dans: *L'Automatisme psychologique de Pierre Janet: 100 ans après. Réunion conjointe (22 mai 1989) entre la Société Médico-Psychologique et la Société Pierre Janet* (pp. 976-980). Paris: Masson, 1990.